







{knead to eat}

{ pimp your salad }

1 	2 	3 	4 
Size	Base	Dressing	Topping

{ name }

Eat In

Takeaway

{ salad size }

Peckish - 8.90

Hungry - 10.90

Famished - 12.90

Base Salad
+ 6 Basic Toppings

Base Salad
+ 6 Basic Toppings
+ 2 Premium Toppings

Base Salad
+ 6 Basic Toppings
+ 2 Premium Toppings
+ 1 Meat

{ choose a base }

{ choose a dressing }
0.5 per extra dressing

- Mixed Greens
- Kale (+\$1)
- Baby Spinach (+\$1)

- | | |
|---|--|
| <input type="checkbox"/> Balsamic Vinaigrette | <input type="checkbox"/> Olive Oil |
| <input type="checkbox"/> Red Wine Vinaigrette | <input type="checkbox"/> Thai Chili |
| <input type="checkbox"/> Lemon Vinaigrette | <input type="checkbox"/> Ranch |
| <input type="checkbox"/> Japanese Sesame | <input type="checkbox"/> Caesar |
| <input type="checkbox"/> Ponzu | <input type="checkbox"/> Honey Mustard |

{ choose 6 basic toppings }
0.5 per extra topping

- | | | | |
|--|--------------------------------------|---|--|
| <input type="checkbox"/> Sweet Corn | <input type="checkbox"/> Crouton | <input type="checkbox"/> Cherry Tomato | <input type="checkbox"/> Grilled Tofu |
| <input type="checkbox"/> Japanese Cucumber | <input type="checkbox"/> Edamame | <input type="checkbox"/> Wholewheat Pasta | <input type="checkbox"/> Beetroot |
| <input type="checkbox"/> Boiled Egg | <input type="checkbox"/> Celery | <input type="checkbox"/> Roasted Peppers | <input type="checkbox"/> Jalapeno |
| <input type="checkbox"/> Chickpea | <input type="checkbox"/> 3 Bean Mix | <input type="checkbox"/> Alfalfa Sprout | <input type="checkbox"/> Broccoli |
| <input type="checkbox"/> Roasted Tomato | <input type="checkbox"/> Feta Cheese | <input type="checkbox"/> Roasted Pumpkin | <input type="checkbox"/> Chia Seeds |
| <input type="checkbox"/> Roasted Eggplant | <input type="checkbox"/> Gherkins | <input type="checkbox"/> Mixed Raisins | <input type="checkbox"/> Sunflower Seeds |
| <input type="checkbox"/> Pineapple | <input type="checkbox"/> French Bean | <input type="checkbox"/> Parmesan Cheese | <input type="checkbox"/> Black Olive |
| <input type="checkbox"/> Raw Onion | <input type="checkbox"/> Carrot | <input type="checkbox"/> Sesame Seed | <input type="checkbox"/> Green Mango |

{ choose 2 premium toppings }
1.5 per extra topping

{ choose 1 meat }
2.5 per serving

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Cheddar | <input type="checkbox"/> Walnut | <input type="checkbox"/> Chicken Tikka | <input type="checkbox"/> Pesto Chicken |
| <input type="checkbox"/> Mozzarella | <input type="checkbox"/> Baked Almond | <input type="checkbox"/> Smoked Turkey | <input type="checkbox"/> Gammon Ham |
| <input type="checkbox"/> Sautéed Mushroom | <input type="checkbox"/> Baked Cashews | <input type="checkbox"/> Roast Beef | <input type="checkbox"/> Smoked Salmon |
| <input type="checkbox"/> Spinach | <input type="checkbox"/> Rocket | <input type="checkbox"/> BBQ Pulled Pork | <input type="checkbox"/> Bacon |
| <input type="checkbox"/> Sundried Tomato | <input type="checkbox"/> Avocado | <input type="checkbox"/> Tuna Chunks | <input type="checkbox"/> Portobello |
| <input type="checkbox"/> Dried Cranberry | <input type="checkbox"/> Quinoa | | |
| <input type="checkbox"/> Dried Apricots | <input type="checkbox"/> Pumpkin Seeds | | |